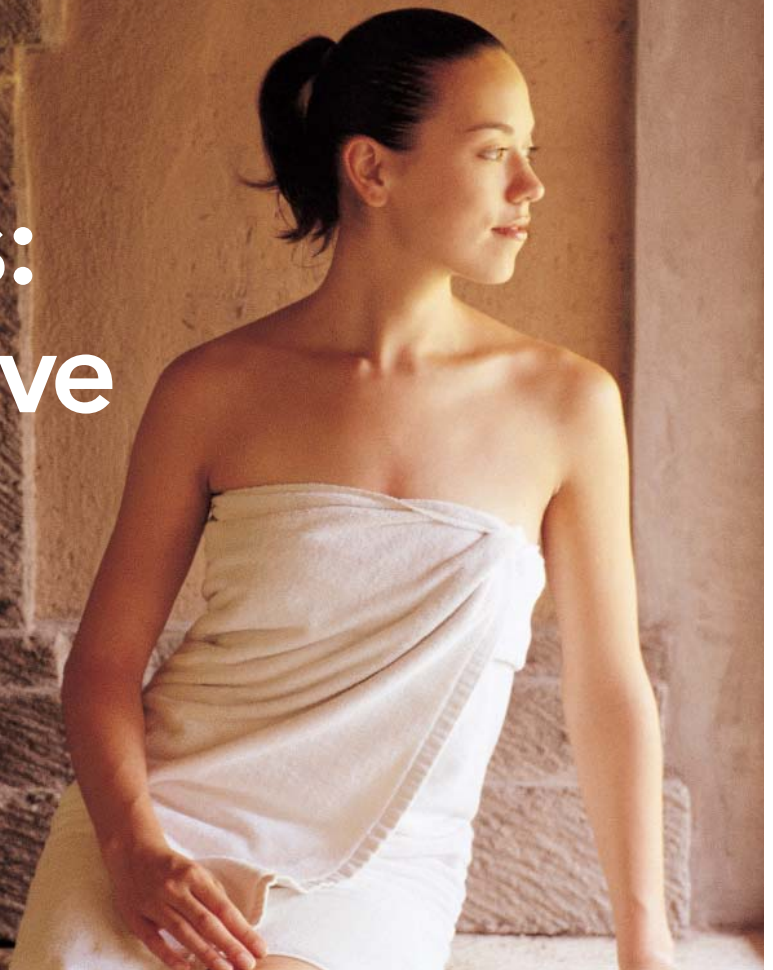


Medical Spas: A New Wave

The medical aesthetics industry rejuvenates itself by merging with spa services. A growing industry around the world, the idea catches on at the little red dot.

By Rossara Jamil



The days of medical treatments in clinical surroundings are numbered. Likewise, spas offering basic skincare, slimming and relaxation services find themselves a new sort of competition. The reason is simple. A new breed of spas termed medical spas is slowly taking hold of a niche market.

Medical spas offer medical treatments in a spa setting. A medical spa menu includes the usual suspects – facials and massages – and more.



Still, it ain't so simple in the medical spa industry locally. While the idea is taking off around the world, doctors in Singapore are not allowed to conduct the procedures in an operation officially deemed a spa. Thus, services such as Botox and Fillers are not allowed.

BEST OF BOTH WORLDS

Right in the heart of Orchard Road stands a new order in the medical spa scene. Discreetly tucked away in Faber House, MediSpa by Simply Aesthetic is a cosy

nook offering more than just the standard fare of spa services.

Rendering services a maximum of two clients at a time, MediSpa by Simply Aesthetic offers personalized service at its best.

Depending on the needs of the client, they can choose from various types of facials and massages.

Its Indian head massage is a specialty of the spa. Opening energy channels in the body spurs the body to self-rejuvenation. Breast enhancement, lymphatic drainage (chronic water retention), needle-free mesotherapy (melt fat, cellulite & firm up skin), ear-candling and aromatherapy are part of the repertoire.

What makes it different then?

MediSpa is a subsidiary of Simply Aesthetic Rejuvenation & Contouring Clinic. With a medical doctor right next door to the spa, medical advice is easily available. The Director of Simply Aesthetic, Dr Christine Cheng, says, "Clients can choose to go to the spa only, without seeing the doctor. But if they wish to, or if there is a condition that is better treated medically, the doctors are easily within reach."

MEDICAL-GRADE THERAPY

What MediSpa offers is "medical-grade therapy". Products used are clinically proven to be of therapeutic effect and customised to each client's skin type.

Its signature MesoRejuvenation Facial is the ultimate pampering luxury.

Consisting Lymphatic Drainage Therapy, Deep Cleansing with Extraction Ultrasonic Desincrustation and an Aromatherapy Facial massage, the process follows with an Iontophoretic MesoRejuvenation. This is a power-packed infusion of vitamins, growth factors, hyaluronic acid and face-lifting DMAE. Not only that, this follows with a pure collagen mask – you can choose between caviar, whitening or botulin ampoules - accompanied by pure oxygen therapy and finally, a relaxing hand massage. These premium treatments add up to two hours of pure pampering pleasure, from which you'll emerge refreshed and looking more youthful.

Meanwhile, the licensed medical aesthetic clinic offers a full range of aesthetic treatments ranging from the ever-popular chemical peels, mesotherapy and Botox.

As a result, MediSpa by Simply Aesthetic and Simply Aesthetic Rejuvenation & Contouring Clinic is an integration of medical grade therapy and medical treatments respectively.

IN GOOD HANDS

The aesthetic therapists at the MediSpa are certified by CIDESCO International (Switzerland). The aesthetic and beauty therapy certification is of the highest caliber in the industry.

“They have had extensive clinical training so as to assist in the medical procedures and to counsel and advise the

clients on the treatment programmes.” Dr Christine Cheng explains.

The MediSpa Manager is Indonesian therapist Mery Tandra. She holds two aesthetic certificates and is fluent in English and Mandarin as well as Bahasa Indonesia.

DOING WONDERS WHILE YOU RELAX

MediSpa is the place to go if you're looking for medical-quality spa treatments. While many spas out there do offer some of the treatments available at MediSpa, a doctor within reach is a luxury to enjoy.

It is suitable for those looking to enhance or prolong medical or surgical aesthetic treatments. Ultimately, it is simply for those who seek effective medical-grade aesthetic therapy.

For more information, please visit www.simply-aesthetic.com

